#### **ABOUT PACT-STL**

Parents and Children Together St. Louis (PACT-STL) actively engages with parents, caregivers, youth, and social service providers to build stronger services and supports for the prevention of child-abuse and neglect.

We are identifying service gaps and barriers and developing innovative strategies for families and those who serve them.

#### Goal 1

Reduce entry into foster care by intentionally linking families to local, community-based services early, before coming to the attention of the child welfare agency.

### Goal 2

Support the overall well-being outcomes of children and families, including changes in risk and protective factors, by using data to inform and align strategies across sectors and address site-specific barriers.

#### Goal 3

Develop strategic collaborations with all required partners and coordinate, monitor, and report on strategies and outcomes across multi-sector partners. Working alongside the community...

#### **CONNECT WITH US**

314.534.6015, ext. 110

1000 N. Vandeventer Ave. St. Louis, MO 63113

www.visionforchildren.org







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# PACT-STL

Parents and Children Together St. Louis





#### **ABOUT VISION FOR CHILDREN AT RISK**

We promote the well-being of children, youth, and their families, with a primary focus on those impacted by socioeconomic risk and racial inequity. We do this by:

- **Informing** the community with data and research,
- Promoting collaborative action,
- Engaging and supporting families, and
- Advocating for child well-being through policy and community investment



We empower families with support and opportunities to actively participate in shaping the systems that provide for their children's well-being.

We believe that families must be involved in every step of building more equitable and effective systems.

#### **HOW TO GET INVOLVED**

# FAMILY ENGAGEMENT SUPPORT SERVICES

Family Engagement Specialists are mentors with lived experience ready to walk alongside you and help you make lasting connections to support your family. They understand the complexities of life and trust you as the expert on your family. We will be there with you as you navigate the child welfare system.

# **PARENT ADVISORY COUNCIL**

Families should be at the center of decisions that impact them. The Parent Advisory Councils (PACs) help us make that happen. PACs put leadership and decision-making power back in your hands and connect you to a broad network of systems change makers.

**YOUR VOICE MATTERS!** 

## **PARENT CAFES**

Cafés are hosted by parents for parents. Parent Cafés provide parents and caregivers a safe and welcoming space to connect and learn from each other. They are centered on the Strengthening Families™ Five Protective Factors:

RESILIENCE | RELATIONSHIPS | SUPPORT | KNOWLEDGE | COMMUNICATION

## **VITALITY CAFES**

Vitality Cafés grew out of the Parent Café experience that parents have come to love. Vitality Cafés, or the Journey to Vitality, is focused on ensuring individuals are well. A thriving parent can be their best self for their children and the community!

## **COMMUNITY CAFES**

Community Cafés are all about conversations that matter. We take community issues; we create a safe space for community members and stakeholders to talk; we learn and grow together; and we take action together.

VCR uses this research-informed Strengthening Families™ framework for all the cafés, learn more here: https://www.bestrongfamilies.org/parent-cafes.