



# Parent Café

3rd Wednesdays | **September-November**

**1:00 PM - 3:00 PM**

CURRENT SERIES THEME: WE ARE FAMILY

*\$10 gift card for attending!*

Cafés are hosted **by parents for parents**. They provide parents and caregivers a safe and welcoming space to connect and learn from each other. They are centered on the Strengthening Families™ Five Protective Factors:

**RESILIENCE | RELATIONSHIPS | KNOWLEDGE SUPPORT | COMMUNICATION**

## JOIN US!

To join the Café, click this Zoom link:

<https://zoom.us/j/97053023252>

To learn more, contact:

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